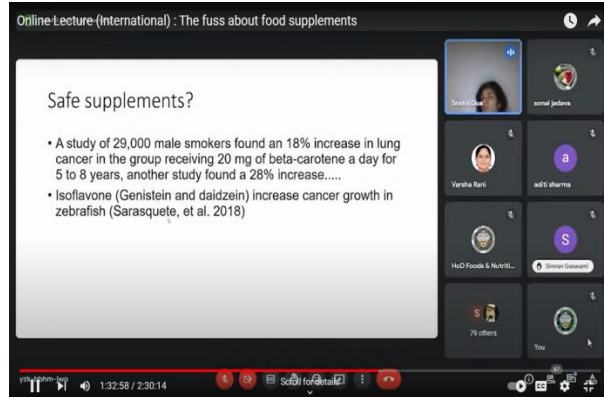


Lecture on 'The Fuss About Food Supplements'

A lecture delivered on 'The Fuss About Food Supplements' organised under the Online Lecture Series: 'Food Safety & Security: Global Perspectives' by Department of Foods & Nutrition, COHS, CCSHAU Hisar (06.02.2023). The Resource persons of the training was Dr. Snehil Dua, Department of Food and Human Nutritional Science, University of Manitoba, Canada. The Chief Guest of training was Prof. B.R. Kamboj (Vice-Chancellor CCS HAU & GJUS&T, Hisar).



This international lecture was organized under Institutional Development Plan by Dr. K.D. Sharma (Dean PGS cum PI of IDP project) and Dr. Manju Mehta (Dean COHS) as course Director and Dr. Sangeeta C. Sindhu (HOD cum Nodal Officer, F&N) as course coordinator. During this lecture 200 students have participated. The training was conducted in online mode. She told about the Fuss about the dietary supplements. She discussed about the nutritional status and vitamins deficiency in Indians data reveals that 3 out of 4 Indians suffer from vitamin D deficiency; young adults below 25 most affected, about 70% women in India are anemic, maximum in Haryana. She told about Food Safety and Standards (Health supplements, Nutraceuticals, food for special dietary use, food for special medical purpose, and probiotic, probiotic food) regulations 2022.



Lecture delivered on 'The Fuss About Food Supplements' by Dr. Snehil Dua, University of Manitoba, Canada